

The Mall School Autumn Term Lunch Menu

Week 1 Autumn 2024

MONDAY

Celeriac and Cauliflower Soup (C, M)
Homemade Bread (G)
Croutons (G)

Beef Bolognese (C)
Veggie Bolognese (C, So)

Garlic and Rosemary Focaccia (G)
Spaghetti (G)
Steamed Broccoli
Carrots and Peas

Tomato and Herb Pasta Sauce (C)
Penne Pasta (G)
Gluten Free Pasta Available

Jacket Potato
Baked Beans
Tuna Mayonnaise (F)
Grated Cheddar Cheese (M)

Chocolate Shortbread (G)

TUESDAY

Garden Vegetable Soup (M, C)
Homemade Bread (G)
Croutons (G)

Chicken Katsu Curry (G, E, M)
Veggie Katsu Curry

Rice
Prawn Crackers
Steamed Vegetables
Curry Sauce

Basil Pesto Sauce (M)
Tomato Sauce (C)
Penne Pasta (G)
Gluten Free Pasta Available

Jacket Potato
Baked Beans
Tuna Mayonnaise (F)
Grated Cheddar Cheese (M)

Banana Crunch Sponge (G, E)

WEDNESDAY

Tomato and Basil Soup (C)
Homemade Bread (G)
Croutons (G)

Cumberland Sausage (Sp)
Veggie Sausages (G)

Mash Potato
Garden Peas
Carrots
Gravy

Tomato Sauce (C)
Penne Pasta (G)
Gluten Free Pasta Available

Jacket Potato
Baked Beans
Tuna Mayonnaise (F)
Grated Cheddar Cheese (M)

Eton Mess (E, M)

THURSDAY

Broccoli Soup (M, C)
Homemade Bread (G)
Croutons (G)

Beef and Vegetable Stew (C)
Roasted Vegetable and Cheddar
Tarts (E, G, M)

Steamed New Potatoes
Green Beans
Sweetcorn

Basil Pesto (M)
Tomato Sauce (C)
Penne Pasta (G)
Gluten Free Pasta Available

Jacket Potato
Baked Beans
Tuna Mayonnaise (F)
Grated Cheddar Cheese (M)

Flapjack (G)

FRIDAY

Creamy White Bean Soup (C, M)
Homemade Bread (G)
Croutons (G)

Gluten Free Battered Cod (F)
Fish Fingers (G, F)
Bean Burgers (G)

Curry Sauce
Tartar Sauce (Sp)
Mushy Peas
Garden Peas
Chips

Tomato Sauce (C)
Penne Pasta (G)
Gluten Free Pasta Available

Jacket Potato
Baked Beans
Tuna Mayonnaise (F)
Grated Cheddar Cheese (M)

Vanilla Ice Cream with Chocolate
Sauce (M)

Allergens: G = Gluten, M = Milk, E = Egg, Mu = Mustard, Sp = Sulphite Dioxide, F = Fish, So = Soya, C = Celery
V = Vegetarian VG = Vegan

